

Book Reviews / Boekresensies

THE SCIENTIFIC BASIS FOR BREAST FEEDING
by R. Cooke, M.B., Ch.B. (Cape Town), F.C.P. (S.A.)
and R. McDonald, M.A., M.D. (Oxon), D.C.H., R.C.P.
& S. (Eng). published by the University of Cape Town,
Institute of Child Health, Department of Paediatrics and
Child Health, Red Cross War Memorial Children's
Hospital, Rondebosch 7700. Price: R5,25 (including
postage). Cheques should be made payable to the
Department of Paediatrics and Child Health.

In the foreword to this book the statement is made that "there is no scientific doubt that breast feeding is best." The role of the nurse in promoting breast feeding is of the greatest importance. In order to do this the nurse needs guidance based on facts. This book provides that advice. It is an attractive, well-written book containing all the information needed without unnecessary details. Clear instructions are given on all aspects of breast feeding from the antenatal period to the time of weaning the infant from the breast.

I recommend this book to all members of the health team.

R.E. CRONJE

M.B., B. CH., F.R.C.P.E.

EDUCATING MALADJUSTED CHILDREN
by Robert Laslett (Crosby Lockwood Staples, London,
1977).

The author taught for many years in special schools for maladjusted children. His theoretical considerations regarding causes and management are reliable when compared with current views of eminent psychologists and psychiatrists.

This hard cover book is of value to parents, school-teachers, social workers, clinical psychologists, post-graduate nursing students with psycho- and/or social pathology as a subject. Diploma in general nursing and psychiatric nursing students will find that certain chapters cover their syllabi. The style is free-flowing which makes the book a pleasure to read and the interesting histories provide provocative thought.

B.G.B.

CANCER NURSING — MEDICAL
edited by Robert Tiffany (Faber & Faber 1978) Price
R7,65 approximately

Mr Tiffany is the Director of Nursing at the Royal Marsden Hospital, London which hospital is a highly specialised institution caring for patients with cancer. Of contributors to this work, 9 are nurses working within specialised units at the Royal Marsden. It is good to see so many nurses contributing with authority in writing to their own field of nursing. As might be expected with a different author for each section, the chapters are uneven in quality. The chapter on control of

infection in a cancer hospital tells little more than one would glean from any basic nursing textbook; the chapters on the management of children with cancer, and the management of the patients with pain and terminal care are excellent with useful lists of references at the end of each chapter.

There is a detailed and very helpful section on cancer chemotherapy and the management of intravenous therapy. The Marsden does a great deal of highly specialised work with patients receiving chemotherapy and immunotherapy and there are chapters about nursing in a sophisticated isolation unit and cell separator units, which few South African nurses are likely to see.

This is a small (190 pages) and very useful book, which with its companion, Surgical Cancer Nursing, will be a sound investment for the tutor or the nursing library.

B.N. HUNT

**MODERN TEXTBOOK OF PERSONAL AND
COMMUNAL HEALTH FOR NURSES (5de druk)**
deur M.A. Priest (W. Heinemann Medical Books). Prys
in Suid-Africa: R9,10c.

Die boek is in vier afdelings verdeel:

In die eerste afdeling handel die skrywer die herorganiseerde Nasionale Gesondheidsdiens op beknopte wyse.

Afdeling II handel oor aspekte van persoonlike gesondheid soos voeding, oefening en ontspanning en liggaams- en geesteshigiëne asook persoonlike gesondheidsrisiko's met betrekking tot maatskaplike neigings, bv. rook, dwelmverslawing, die gefolterde kind-sindroom en daar is selfs 'n kort gedeelte oor troeteldiere en siektes.

Domisiliëre en Gemeenskapsgesondheid wat oor aspekte van omgewingsgesondheid (voedsel, behuising, ventilasie, sanitasie, infeksie en gemeenskapsgesondheid) handel, word in Afdeling III handel.

Afdeling VI handel oor die basiese beginsels van bakteriologie, en die voorkoming van infeksie word bespreek.

Hoewel dit op die Britse gemeenskapsgesondheidsverpleegster ingestel is, is daar talle beginsels wat op enige land van toepassing is. Die boek sal 'n nuttige aanvulling tot biblioteke, basies en nabasies, wees.

F. PATON

SCHOOL NURSING
by Patricia A. Slack (1st Edition) (Baillière Tindall,
London), available from van Schaik's Bookstore (Pty)
Ltd; Church St. Pretoria. Price R11,85, g.s.t. included,
plus postage 50c.

This well written book in soft cover deals with the principles and organisation of School Nursing in the United Kingdom. Although one chapter is devoted to applicable British legislation this nevertheless does not deter from the value of

the book. Clearly set out are the types of defects found amongst the schoolgoing population, together with the innumerable problems which beset the School Nurse. Mention is made of the health team members with whom she works.

Clearly set out are the problems of the handicapped child in school communicable diseases and health education. At the end of each chapter are "Discussion Topics" which are invaluable in in-service training programmes.

This book will prove to be invaluable for the training of community health nurse students and has a **definite place** in continuing education programmes for nurses working in school health services.

EVA REYNOLDS

ERRATUM

In the March issue (Vol. 1 No. 4) of CURATIONIS the references relating to the article "The Heart of Nursing" by Wilma Kotzé (page 53) were unfortunately omitted. They are as follows:

REFERENCES:

1. Beukes, G.J.: Ek glo. Tafelberg Uitgewers. 1979.
2. Couwenberg, S.W.: De vereenzaming van de moderne mens. Uitgeversmaatschappij PAX. Gravenhage. 1959.
3. Gibran, Kahlil: Die Profeet. J.L. van Schaik. Pretoria. 1974.
4. Travelbee, J.: Intervention in Psychiatric Nursing. F.A. Davis, Philadelphia. 1973.

MODERN TEXTBOOK OF PERSONAL AND COMMUNAL HEALTH FOR NURSES (5th edition) by M.A. Priest, (W. Heinemann Medical Books) Price in South Africa: R9,10c.

This book is divided into four sections:

In the first section the author deals in a concise manner with the reorganised National Health Service.

Section II concerns aspects of personal health such as nutrition, exercise and recreation and physical and mental hygiene as well as personal health hazards related to social trends, e.g. smoking, drug addiction, the battered baby syndrome and even a short section on pets and diseases.

Domiciliary and Communal Health which deals with aspects of environmental health (food, housing, ventilation, sanitation, infection and community health) are dealt with in Section III.

Section VI deals with the basic principles of bacteriology, and the prevention of infection is discussed.

Although geared to the British Public Health Nurse many principles apply to any primary country. This book would be a useful addition to libraries, basic and post-basic.

F. PATON

EDUCATING MALADJUSTED CHILDREN deur Robert Laslett (Crosby Lockwood Staples, London, 1977).

Die skrywer het jare lank in spesiale skole vir wanaangepaste kinders onderwys gegee. Sy teoretiese oorwegings oor oorsake en behandeling kan as vertroubaar beskou word as dit met die huidige siening van vooraanstaande psigoloë en psigiaters vergelyk word.

Ouers, onderwysers, maatskaplike werkers, kliniese psigoloë, nagraadse verpleegstudente wat psigo- en/of maatskaplike patologie as vak neem, sal die hardebandboek waardevol vind. Studente vir die Diploma in Algemene Verpleging en Psigiatrieverpleging sal vind dat daar sekere hoofstukke is wat hulle leerplanne dek. Die styl is vlot, sodat die 'n plesier is om die boek te lees. Die interessante gevalle gee aanleiding tot prikkelende gedagtes.

B.G.B.