

BOOK REVIEW

BOEKRESENSIE

INTRODUCTION TO NURSING PRACTICE

by Lillie M. Shortridge & E. Juanita Lee
(Published by McGraw-Hill) Price: R22,00.

This book consists of two parts. Part 1 "Professional Nursing Practice" considers the focus of nursing, the essence of professional practice, nursing roles, interpersonal relationships and the nursing process.

Part 2 "Application of the Nursing Process" considers areas of nursing diagnosis e.g. alterations in sleep patterns, pain, respiratory insufficiency and anxiety. Each chapter contains an introduction, application of the nursing process, the applicable nursing intervention and criteria for evaluation. Of particular value is a discussion of the facts upon which each nursing diagnosis is based, using pathophysiology to provide logical rationale.

The inclusion of a chapter on "Alterations in Family Dynamics" and "Inadequate Health in Communities" emphasizes the approach of this text: the individual as a biopsychosocial being in continuous interaction with the environment. The full range of preventive, promotive and curative nursing care is presented throughout.

Topics are extensively covered in a concise, comprehensive manner which makes for easy reading. Considering the growing interest in the nursing process, this book is highly recommended for every student-, and registered nurse.

D. NIEMAN

INTRODUCTION TO NURSING PRACTICE

deur Lillie M. Shortridge & E. Juanita Lee
(Uitgegee deur McGraw-Hill) Prys: R22,00.

Die boek bestaan uit twee dele. Deel 1: "Professional Nursing Practice" behandel die brandpunt van verpleging, die wese van professionele praktyk, die rolle in verpleging, interpersoonlike verhoudings en die verpleegproses.

Deel 2: "Application of the Nursing Process" behandel o.a. die volgende gebiede van verpleegdiagnose: veranderinge in slaappatrone, pyn, asemhalingsontoeikendheid en angs. Elke hoofstuk het 'n inleiding, toepassing van die verpleegproses, die toepasbare tussenkoms en evalueringskriteria. Van besondere waarde is 'n bespreking van die feite waarop elke verpleegdiagnose gegrond is; patofisiologie word gebruik om 'n logiese raamwerk te verskaf.

Die insluiting van 'n hoofstuk oor "Alterations in Family Dynamics" en "Inadequate Health in Communities" onderstreep die benadering van die teks: die individu as biopsigomaatskaplike wese in voortdurende interaksie met die omgewing.

Die hele omvang van voorkomende, bevorderende en genesende verpleging word deurgaans gegee.

Onderwerpe word omvattend op 'n beknopte, omvattende manier gedek wat dit maklik leesbaar maak. As die groeiende belangstelling in die verpleegproses in aanmerking geneem word, is die boek sterk aan te beveel vir elke student- en geregistreerde verpleegster.

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